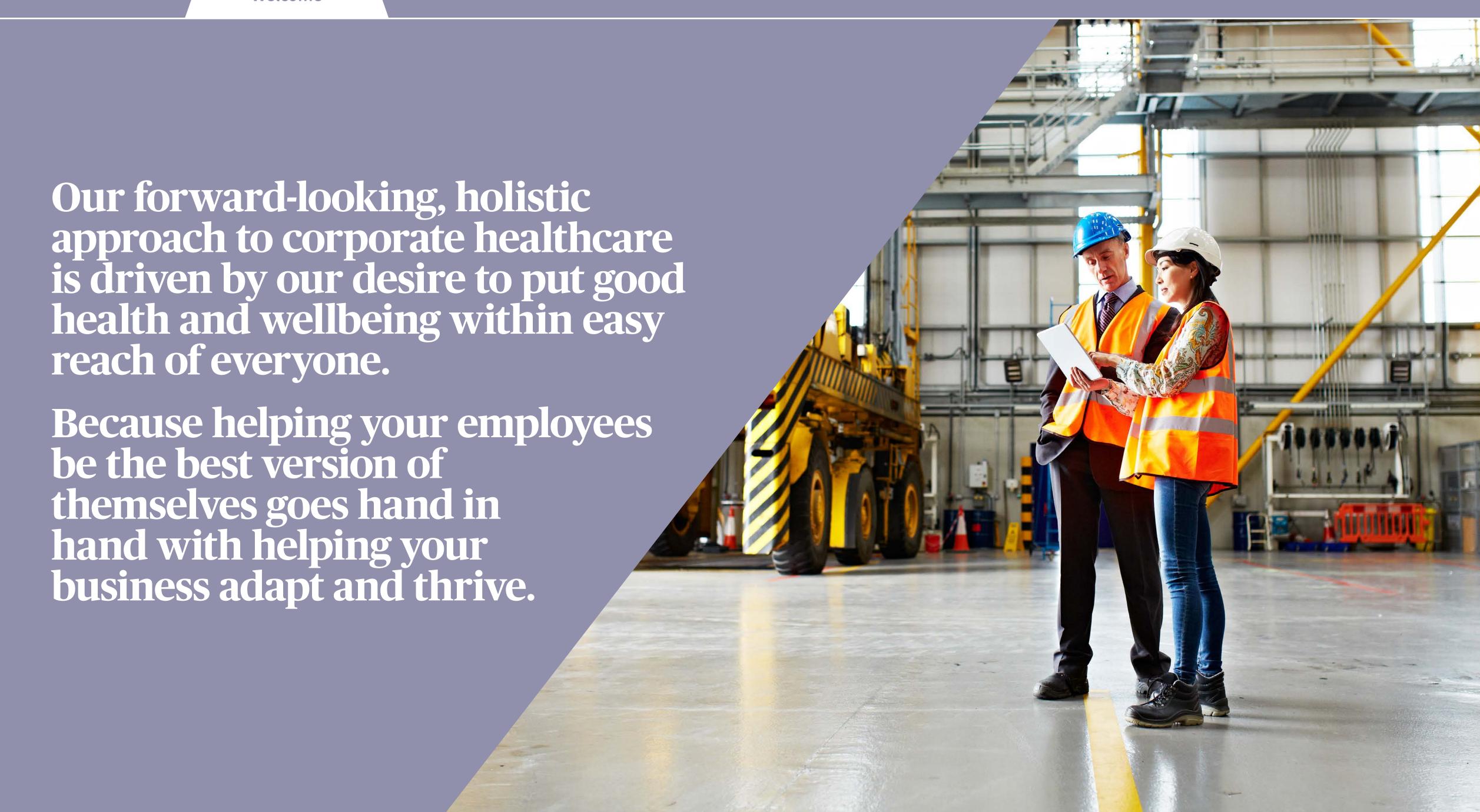


Private medical care and cover for your workforce

Advance





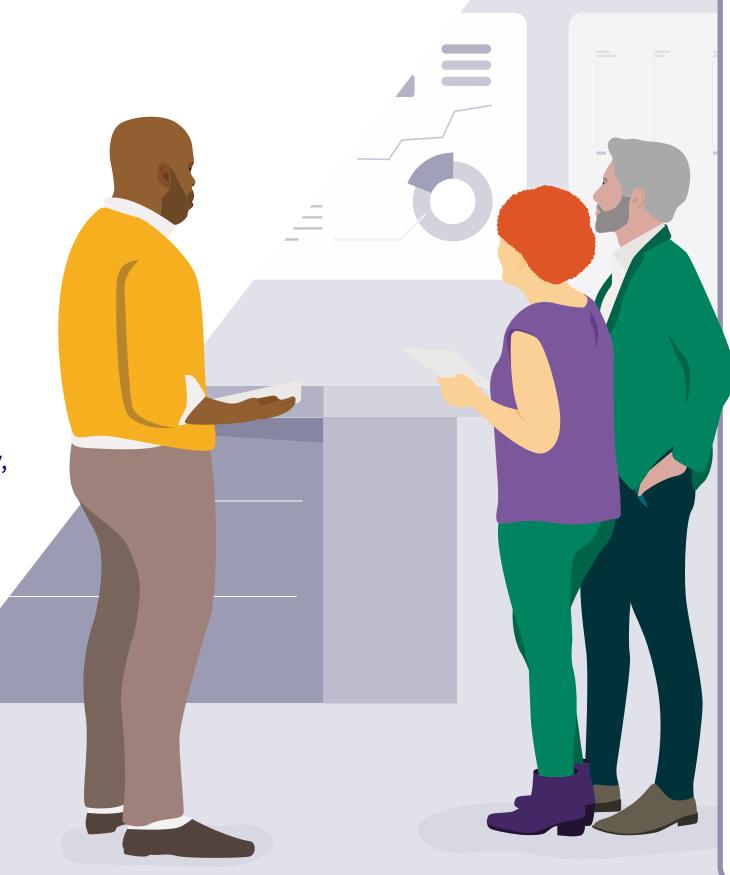
# Always working on quality care, outcomes and value

At AXA Health, we're committed to ensuring our members, your employees, get the healthcare they need and expect. We work hard for our clients to deliver fast access to quality care at a sustainable price. The care and safety of our members is paramount to us and we work closely with specialists, practitioners and hospital groups around the quality and efficacy of the services they provide.

Our teams, equipped with data and insight, collaborate with key specialists and hospital groups to continually improve customer experience and value. And, our knowledge, stability, size and strength allow us to pioneer new approaches, scale new relationships, and enhance healthcare delivery for our clients and members.

It's how we unlock better health and wellbeing for your employees, who can enjoy:

- easy access to a GP or Advanced Clinical Practitioner
- direct access to care for a range of health concerns, without a GP referral
- online outpatient care services for a range of conditions
- cover for mental health and cancer as standard
- health and wellbeing support that they'll value and use
- innovative cover options, which also meet your business needs.



#### Making a difference

We use our scale and ambition as a force for good, to make positive changes in the world.

- We work with the Reward and Employee Benefits Association (REBA) to deliver impactful annual research. This means we understand the wellbeing trends at the heart of business transformation, helping us inform and guide businesses about the importance of employee wellbeing.
- When it comes to understanding mental wellbeing challenges and trends, our annual AXA Mind Health Study leads the way. It looks at the state of mind health across 16 countries, providing insight that helps people and businesses overcome obstacles to achieve better mental and physical health. It also helps us design our services to meet emerging business needs.
- We engage our employees in climate change issues and give them the skills they need to make a difference. AXA Group has been operationally carbon neutral since 2020. Our CO<sub>2</sub> emissions targets are based on the approach promoted by the science-based targets initiative (SBTi) which we joined in 2015. And, by the end of 2025, we're aiming for a 20% reduction in the AXA Group's overall CO<sub>2</sub> emissions compared to 2019.1

Fast, easy access to treatment and support

We believe in stress-free routes to better health. And your employees need convenient access to care, so when a problem arises, we get them in front of the right expert quickly. That way, they can get back to feeling their best and thriving at work.

From cancer to mental health, we're here to support your people at every medical or wellbeing touchpoint.



#### **Included services**

The following services are automatically included as part of your private medical insurance scheme. (You can, of course, still tailor your scheme to meet the specific needs of your business.)

AXA Doctor at Hand, our online GP service

AXA Doctor at Hand – powered by Doctor Care Anywhere – makes it easy for employees to book an appointment with a private GP or an Advanced Clinical Practitioner – wherever they are and whenever they need it.

These convenient appointments can be over the phone or by video call, there's plenty of time for your employees to share their health concerns. GP appointments are available 24/7 and Advanced Clinical Practitioners are available from 8am to 10pm.

- Prescriptions delivered to work, home or a pharmacy in the UK.
- Liaison with our appointments team for specialist referrals.

#### **Important information**

Availability - Subject to appointment availability.

**Prescriptions** – Available in most circumstances. Outpatient prescriptions and delivery are not covered by the scheme and may cost more than on the NHS. Prescriptions are only available in the UK.

Referrals to specialists – If included in your AXA Health scheme, any outpatient limits or employee contributions normally made towards treatment will apply. All referrals and treatment recommended are on a private basis. The GPs and Advanced Clinical Practitioners are unable to refer to the NHS. The appropriate cover needs to be in place for onward treatment to be paid for.

#### **✓** Support for muscles, bones and joints

Musculoskeletal aches and pains are a leading cause of absence from work.<sup>2</sup> Your employees can get on the road to recovery quickly, without needing a GP referral, thanks to our digital-triage service for muscle, bone and joint issues.

This service is available to members aged 18 and over. First, they'll complete an online assessment to determine whether they need to see a physio, an advanced-level physio or a specialist. Then they simply book online or call us to book an online appointment for a time that's convenient for them.

Their clinician will discuss their symptoms during a detailed assessment and guide them through next steps. If they need diagnostic tests, a specialist referral or hands-on therapy, and have the appropriate benefits on your plan, this will be arranged.

# Fast, direct access to mental health assessments and support

Depression and anxiety are common mental health conditions and people may need help when they're affected.

Our mental health assessment and support service gives your employees, aged 18 and over, access to mental health professionals without needing a GP referral first.

#### Other worries checked out quickly online by a specialist

We're innovating in the ways members can quickly get their health concerns assessed online. Members, aged 18 and over, wherever they are in the UK, can now gain fast access to online outpatient services and connect with HBSUK's network of specialists for an increasing array of conditions.

Following a GP referral, they'll complete an online clinical assessment and within three working days a specialist will aim to review and advise on next steps or provide reassurance.

Supported specialisms include:

- Digestive health
- Dermatology

The online assessment and specialist report counts as one specialist consultation, and will affect any outpatient limit, specialist consultations limit, or excess.



#### **✓** Specialist appointment booking service

We can help your people see the right expert as quickly as possible, with our specialist appointment booking service. Because the sooner they see someone, the sooner they can get a diagnosis and treatment. And the sooner they can start getting better.

If your employee has an open referral from their GP, where they've been referred for a type of treatment but not to a specific specialist, they can call us and we can give them a choice of up to three specialists to get in touch with when they're ready.

#### **✓** Support at every stage of cancer

We understand the effect a cancer diagnosis can have on people and their families. That's why we're here to provide support for everyone involved, from diagnosis through to treatment and beyond.

Whichever level of support you want to offer your employees, you can be confident we'll support their journey with the utmost care and focus on their individual circumstances. Our dedicated cancer care team is on hand to help and take away some of the strain. They can also arm your employees with access to an app to help manage fatigue – one of the most common side-effects of cancer.

#### **✓** Health coaching for people with cancer

Employees undergoing cancer treatment can get six months of supportive health coaching. This includes personalised expert advice on nutrition, activity, sleep and health, helping them manage their treatment and support their recovery.

#### 24/7 health support line

Health questions can crop up at any time, day or night. That's why our team of experienced health professionals, including nurses, midwives, counsellors and pharmacists, is here to answer them. Access to our 24/7 health support line and email service are available to your employees and their families.

Nurses and counsellors are available 24/7/365. Midwives and pharmacists are available Monday to Friday, 8am to 8pm, Saturday 8am to 4pm and Sunday 8am to 12pm.





## Keeping your whole workforce fit and healthy

As part of your private medical insurance, we're committed to helping your whole workforce stay fit and healthy with wellbeing benefits available to everyone. Even those who aren't covered.

✓ Wellbeing support online and on app
Make wellbeing part of the everyday conversation

Inspire your people to adopt healthy habits and stay in control of their health.

- An extensive library of expert-curated articles, videos, e-learning series and live and recorded webinars.
- Fitness classes for mind and body.
- Manager guidance and support.
- Health scores assessments for mind, body and life.

All designed to put employees in control of their health and achieve positive, lasting results.

Signposted care and support

Our app acts as the foundation for digital-first access to your AXA Health services, your employees can locate their EAP or our wellbeing services.

Access to gym offers\*

Fitness deals for your whole workforce

Our Hussle and Nuffield Health fitness offers make it easier for your employees to keep fit in a way that works for them. With offers available to your whole workforce and their partners, whether they have healthcare cover or not, we'll support health engagement across your business. Terms apply.

✓ Engaging communications
Year-round health and wellbeing content to share

We'll help you keep your people engaged in their health all year long with resources to promote better health in mind and body. Our calendar of collateral includes webinars, factsheets, bite-size videos and more, for employees and line managers.

**✓** Health discounts\*

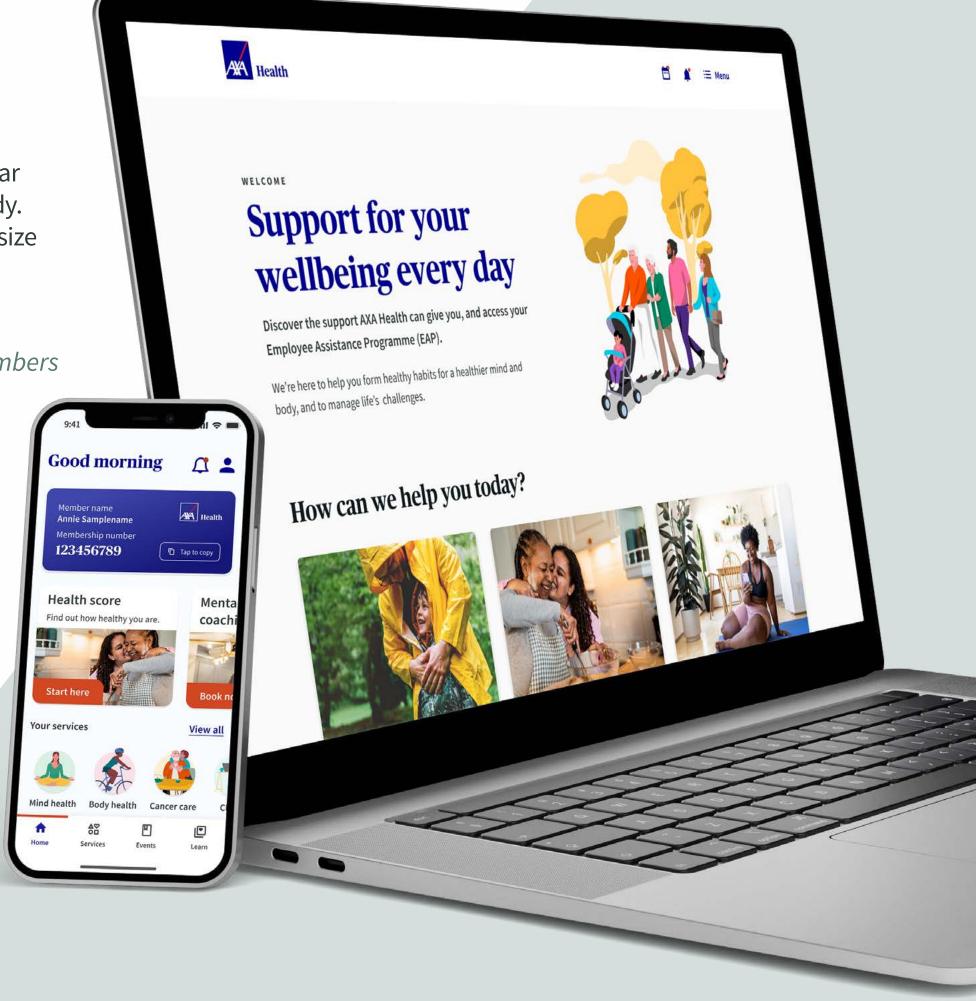
Discounted assessments and self-pay treatment for members

If an employee would like to learn about their health or have treatment outside of the cover your scheme offers, they have access to:

- 25% off health assessments from Nuffield Health and Circle Healthcare.
- 10% off self-pay treatment at selected hospital groups.
- **✓** Data and analytics

Insight to drive your health and wellbeing strategy

Understand how your scheme is performing, how your employees are interacting with your service and explore underlying health trends. You'll benefit from regular insight<sup>3</sup> to guide your business and inform future focus.



<sup>\*</sup>Offers do not form part of insured benefits and are subject to change.

<sup>&</sup>lt;sup>3</sup>The Mid Corporate Plan Management Information provides a simplified Management Information pack – please refer to the Mid-Corporate brochure for more detail <u>here</u>.

# Connecting your people to their healthcare

While it's important to provide your people with innovative healthcare services and wellbeing programmes, it's just as important to make sure they can access everything quickly, easily and from wherever they are in the world.

✓ AXA Health app
Support on the go

The AXA Health app helps your employees find the support they need by signposting them to their care and cover.

#### **Employee online account**

Your employee can find out everything they need to know about making the most of their health and wellbeing benefits in their online account. They can:

- Access details of all the health and wellbeing benefits and services available to them.
- Find guidance on how to get the support and treatment they need.
- Read their membership handbook to understand what they're covered for.
- Update their details.





To fortify your healthcare support, we'll work with you to help structure a scheme that's right for your people and meets your objectives. We're constantly researching, piloting and developing innovative services in partnership with healthcare providers, and these services can be added to your scheme for an extra cost.

#### Services available at an additional cost to enhance your scheme

#### Neurodiversity assessment and support

When added to your private healthcare scheme, our online Neurodiversity Assessment and Support service connects your people, and their eligible family members (aged seven and over), to assessment and early support for autism, ADHD, dyslexia, dysgraphia and dyscalculia.

Working together with online mind-health provider, ProblemShared, this innovative online service connects members to a multi-disciplinary network of practitioners with experience in helping patients manage their neurodiversity across both NHS and private healthcare. The service includes:

- an initial needs assessment, typically available five working days from booking, following a GP referral
- further specialist assessment, where appropriate
- early support where appropriate, including group sessions for ADHD and autism, medication reviews, and/or help with navigating education support options.

#### **Support for menopause impact**

If you include cover for outpatient specialist consultations and diagnostic tests with your healthcare scheme, you can also include access to specialist menopause support.

If an employee is really struggling and their GP is finding it difficult to help manage their symptoms, the GP can give a referral to our network of British Menopause Society-accredited consultant gynaecologists for specialist clinical support.



# Build wellbeing your way

Supercharge your company's wellbeing strategy and respond to the healthcare trends in your workplace by purchasing from our connected wellbeing services.

#### ★ Wellbeing seminars, health assessments and coaching

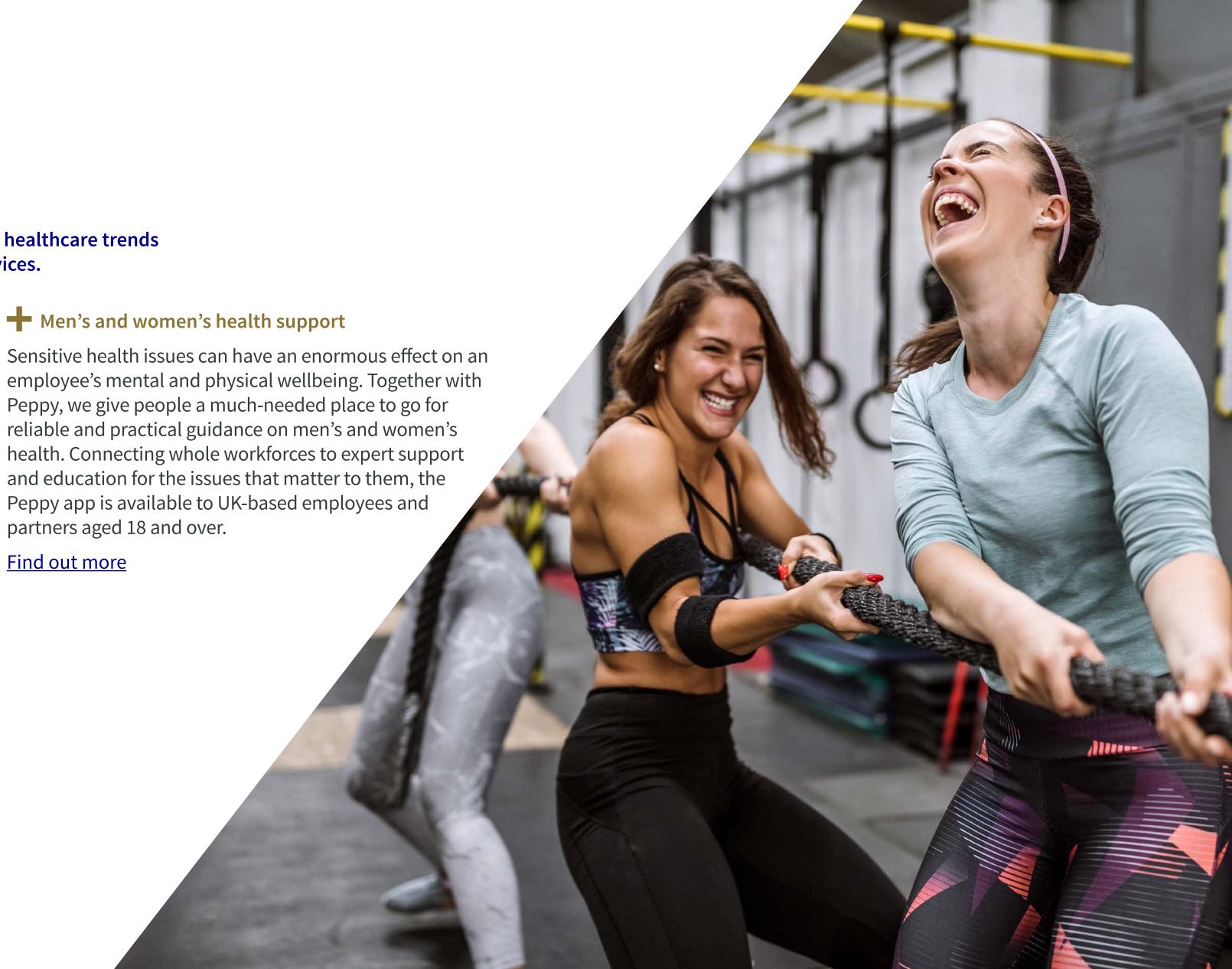
We can help you build a wellbeing programme for your workforce. Whether that be health assessments to help your people see where to focus their efforts, health coaching to guide them on their journeys, or line manager training to ensure employees get the best possible support.

#### Find out more

#### Fertility, early parenthood and menopause support

You can give your employees and their partners the power to find their way more confidently through life's most personal challenges. We're working together with the health app Peppy to give support to your employees. The Peppy app is available to UK-based employees and partners aged 18 and over. So, whether they're planning a family, becoming a new parent or going through the menopause, support and guidance are available every step of the way.

#### Find out more



# Help everyone stay fit, well and working

We're on hand to encourage your whole workforce to keep fit and healthy through our focus on prevention and everyday wellbeing.

#### **Employee Assistance Programme (EAP)**

Meeting the complex needs of a diverse workforce needs a fresh, personal approach – an Employee Assistance Programme (EAP) that supports whole health, empowers people to make positive changes and complements their lives today.

Though the EAP, your people can get confidential, impartial support supplied by experts. From mental health struggles to life management and consumer rights, they'll gain the right guidance and support, whenever it's needed. Find the right fit for your business and make wellbeing part of the everyday conversation. An EAP needs to prioritise the needs of the individual, connecting them to the right support and inspiring them to adopt healthy habits, stay in control of their health and keep moving forward on their wellbeing journey.

We all need support with life management from time to time. So we're also here, whether an employee is concerned about their finances, housing situation, care duties, consumer issues or something else.

#### Find out more

#### + Critical incident management

Be ready to respond when the worst happens. Whether it's a national incident or a colleague bereavement, shared trauma can have a deep and long-lasting effect. This service can help you be ready to respond by including a group support session and, where needed, a 1-2-1 session into your critical-incident-management planning for the emotional support of your employees. If structured counselling or more specialised therapy is required, we would signpost your employee to the most appropriate service.

Find out more





As well as choosing what services and benefits to offer, you can tailor the cost controls you put in place too.

We understand the importance of financial control for businesses. We'll work with you to build your scheme in a way that allows you to manage costs while continuing to provide your employees with access to quality care and treatment.



#### Control costs by tailoring your scheme

**Excesses**Manage your costs

Common levels of excess are £100, £150, £200 or £250 to be covered by the employee for certain benefits, but clients can choose which level they want to set. Approximately 54% of clients decide to include an excess.

> Variable limits
Cap outpatient costs

An outpatient limit of, for example, £1,500 or £2,000 can help you manage the costs of cover.

> Underwriting
Define where cover applies

Choose from a range of underwriting styles to determine the extent of your cover when a member joins your scheme, including medical history disregarded, fully underwritten or two-year moratorium.

**Variable cancer cover**Treatment or limited time treatment

Choose from full or time-limited cancer cover for drug treatment to kill cancer cells.



# Control your costs by asking us to handle specialist referrals, in one of two ways:

# > Standard referral The choice is theirs

With standard referrals, your employees must either see a specialist that's been named by their GP (if that specialist is recognised by AXA Health) or ask for an open referral – whichever suits them at the time.

### OR

#### Open referrals

We'll provide a selection of specialists

If an employee needs to see a specialist, they must ask for an open referral from their GP, then give us a call.

An open referral doesn't name a particular specialist – it just states the type of specialism. We'll find up to three appropriate specialists from our network and your employee can choose from that selection, so your costs are controlled.

## And you can decide which facilities your employees will have access to:

#### > Full network

Free choice from our full directory

Your employees can use any hospital, day-patient unit or scanning centre in the UK as listed in our Directory of Hospitals.

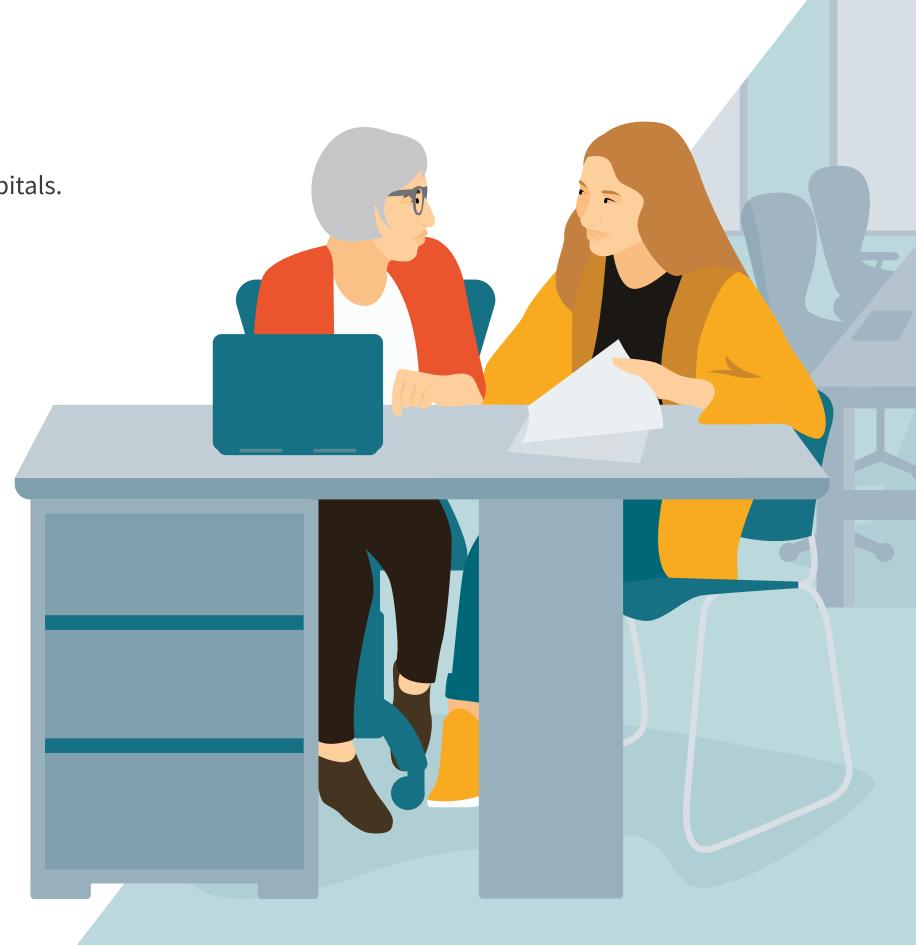


#### > Selected network

Choose from our selected directory of facilities

To contain costs, you can set up your scheme so that employees choose from our list of selected facilities. These facilities have been chosen from our national network of hospitals, day-patient units, scanning centres and other private healthcare facilities following a comprehensive assessment of their value and range of services.

Only available if you've chosen open referrals.



# Funding the structure of your scheme

We offer a range of funding styles to suit your priorities. To help you get the most out of your scheme, we'll work with you to match our funding options with your objectives.

#### Full insurance

Plan and budget with confidence

Choose this option for the greatest cost certainty. We agree your premium per employee for the scheme year, and we cover any extra costs if claims add up to more than this amount over the year.

#### Full insurance with profit share Money back

Combine the certainty of knowing your scheme costs and get a financial return if claims for the year are significantly lower than expected.

#### Cost Plus with general stop loss Pay as you go

Pay for claims as they arise but enjoy the reassurance of a limit to your overall liability.

#### Mid-corporate proposition Two-year certainty

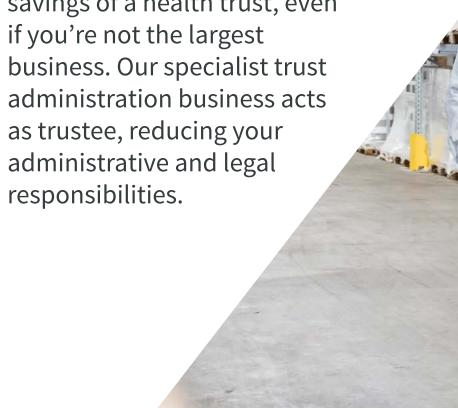
If you're covering between 65 and 250 employees, our mid-corporate proposition gives you price stability as well as a profit share if your claims are significantly lower than expected – all over a two-year period.

### ➤ Health trust Tax-efficient healthcare

Master trust

We're one of the UK's leading administrators of health trusts. These deliver healthcare benefits for larger schemes, allowing you to take control of the benefits you offer. For tax efficiencies, flexible benefits and hassle-free set-up, explore a Health Trust with AXA Health.

Extending the benefits Combine the cost-certainty of full insurance with the tax savings of a health trust, even if you're not the largest business. Our specialist trust administration business acts as trustee, reducing your



# Ensuring value for your business

We'll support your business from the moment we start discussing your options and working with you to set up your scheme. That way, we're starting as we mean to go on: making sure you and your employees get maximum value from partnering with us.

#### Building our relationship

We never just 'leave you to it'. You'll have a dedicated account manager and coordinator to answer questions and help everything run smoothly – from handling the contract process and managing invoices and databases, to keeping you up to date with healthcare changes and medical advances.

#### Easy member admin

Our online membership administration tool, Corporate Services Online, makes it easy to add new employees, see claims reports, amend member details or remove employees that have left your organisation or your scheme, without losing half your day.

#### **Impactful consultations**

When it comes to implementing successful wellbeing programmes, we have all the knowledge and experience you could ask for. They're on hand to help you develop a health-and-wellbeing strategy with impact.

#### Health and wellbeing thought leadership

Tapping into thought leadership is a great way to help shape your wellbeing strategy. And who better to provide it than AXA Health, the winner of the Best Health & Wellness Offering at the COVER Customer Care Awards 2023? Listen to our health-and-wellbeing podcasts, attend our best-practice guidance webinars and come along to the various events we host and sponsor. All our content and event details are available via the <u>Business Health Centre</u> on our website.



# Ready to get in touch?

To find out how we can help your employees enjoy a healthier future, contact your account manager or intermediary, or visit axahealth.co.uk/business

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